

SEPTEMBER | 2021



Cole Academy

Breakfast is served before school each day.

Please remind your child to sign up for lunch each day in their classroom. We need to know they are eating so we can prepare their meal!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30</p>	<p>31</p>	<p>1 Hamburger / Bun w/o Cheese Fresh Grapes (1/2 c) Sliced Pickles Vegetarian Baked Beans (1/2 c) Shredded Romaine Lettuce (1/2 c)</p>	<p>2 Cinnamon French Toast / Syrup w/ Turkey Sausage Patties Peach Cup Cauliflower Bites (1/4 c) Baby Carrots (1/4 c)</p>	<p>3 No School</p>
<p>6 Labor Day – No School</p>	<p>7 Cheese Quesadilla (V) Flavored Applesauce Cup Salsa (1/4 c) Fiesta Black Beans (1/2 c) Shredded Romaine Lettuce (1/2 c)</p>	<p>8 Little Caesar's Pizza Frozen Sidekick Fruit Cup Potato Salad (1/2 c) Broccoli Florets (1/4 c) **Free** Mini Rice Krispies Treat</p>	<p>9 Breaded Chicken Patty / Bun Orange Wedges (1/2 c) Sliced Pickles Sweet Peppers (1/4 c) Baby Carrots (1/4 c) Grape Tomatoes (1/4 c)</p>	<p>10 Twisted Pasta with Beef with Breadstick / Margarine Cup Chilled Pears (1/2 c) Zucchini Slices (1/4 c) Baby Carrots (1/4 c) Shredded Romaine Lettuce (1/2 c)</p>
<p>13 Crispy Chicken Leg with Dinner Roll / Margarine Cup Flavored Applesauce Cup Seasoned Corn (1/2 c) Broccoli Florets (1/4 c)</p>	<p>14 Dutch Waffle / Syrup with Turkey Sausage Patties Petite Banana Celery Sticks (1/4 c) Baby Carrots (1/4 c) Grape Tomatoes (1/4 c)</p>	<p>15 Little Caesar's Pizza Fresh Grapes (1/2 c) Seasoned White Beans (1/2 c) Baby Carrots (1/4 c)</p>	<p>16 Mozzarella Cheese Sticks with Marinara Sauce Cucumber Slices (1/4 c) Cauliflower Florets (1/4 c) Grape Tomatoes (1/4 c)</p>	<p>17 Mini Chicken Corn Dogs Sliced Apples (1/2 c) Sugar Snap Peas (1/4 c) Shredded Romaine Lettuce (1/2 c) Grape Tomatoes (1/4 c)</p>
<p>20 BBQ Beef Riblet / Bun Orange Wedges (1/2 c) Vegetarian Baked Beans (1/2 c) Broccoli Florets (1/4 c)</p>	<p>21 Sweet & Sour Chicken with Steamed Rice Pineapple Tidbits (1/2 c) Celery Sticks (1/4 c) Grape Tomatoes (1/4 c) Baby Carrots (1W)</p>	<p>22 Little Caesar's Pizza Chilled Peaches (1/2 c) Sliced Cucumbers (1/4 c) Broccoli Florets (1/4 c) Baby Carrots (1W)</p>	<p>23 Macaroni & Cheese with Dinner Roll / Margarine Cup Sliced Apples (1/2 c) Cucumber Slices (1/4 c) Cauliflower Florets (1/4 c) Grape Tomatoes (1/4 c)</p>	<p>24 Turkey & Cheese Sub Sandwich Chilled Mixed (1/2 c) Shredded Romaine Lettuce (1/2 c) Ranch Potato Wedges (1/2 c) Baby Carrots (1/4 c) **Free** Baked Dorito Chips</p>
<p>27 Nachos – Round Corn Chips with Beef Taco Meat & Nacho Cheese Sauce Sliced Apples (1/2 c) Celery Sticks (1/4 c) Shredded Romaine Lettuce (1/2 c) Grape Tomatoes (1/4 c)</p>	<p>28 Three Cheese Calzone with Marinara Sauce Orange Wedges (1/2 c) Sweet Peppers (1/4 c) Broccoli Florets (1/4 c) Baby Carrots (1W)</p>	<p>29 Little Caesar's Pizza Pineapple Tidbits (1/2 c) Chilled Five-Bean Salad (1/2 c) Broccoli Florets (1/4 c)</p>	<p>30 Breaded Chicken Patty / Bun Fresh Grapes (1/2 c) Sliced Pickles Baby Carrots (1W) Shredded Romaine Lettuce (1/2 c) Grape Tomatoes (1/4 c)</p>	<p>1</p>

Attention Parents

If your student will be late for school, please call the office before 8:00 a.m. to order lunch for your child. Thank you!!

Self-Serve Cold Bar

Fruits and vegetables are offered on a self-serve bar that is part of the meal. ** A ½ cup serving of fruit or vegetable must be taken to be a combo lunch. **

Milk

A choice of white milk or chocolate milk is available with lunch.

Condiments

Complimentary condiments will be offered with select entrées.